The Intersection of Walkability and Food Access

Sept. 15 2017
Walk Summit
It Takes a Village
A TALE OF TWO ZIP CODES

MEET DEB & MARIA
Deb & Maria live one mile apart, but Deb will live 18 years longer than Maria.

Watch to find out why!

with GEORGE TAKEI
Tools and Strategies
Walk Audit + Food Access

Walking to school, what do kids see when they stop in their neighborhood corner store for a quick breakfast?
Connect Health and Equity Data

- Audience: city and county planners
- Identify data useful in planning
- Use existing documents
  - Community Health Profiles
  - Community Health Assessments
  - Communities for a Lifetime City Profiles
  - GIS Maps
- Organize the Information (indicator and data charts)
- Seek input
Prepare Brief City Profiles

• Compelling data could include:
  • Poverty, free and reduced price lunch
  • Households without vehicles
  • Bike/Pedestrian safety data
  • Obesity, hunger
  • Physical activity and healthy eating
  • English Language Learners
Share Resources with Planners

- Meet with city staff
- Learn about their comp plan process
- Discuss packet of information
- Seek input
- Offer additional resources and assistance
- Follow up on requests
Joint Call to Action for Healthy Communities

The call brings together eight national organizations, calling upon members to collaborate with one another to create healthier, more equitable communities. When professionals in the fields of the built environment and public health work together, we multiply our potential to improve health for all.
Healthy Comprehensive Plan Checklist

• Food Access and Walkability included throughout topics
• Designed for easier review of draft plan language, to be used to make recommendations
• Could also be used to evaluate past plans and progress on current plans
<table>
<thead>
<tr>
<th>TRANSPORTATION</th>
<th>Not Present</th>
<th>Present Narrow</th>
<th>Present Robust</th>
<th>Page/Goal/Objective/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the plan...</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Address transportation system gaps in healthy food access?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) Prioritize transportation investments that encourage connectivity between residential and commercial areas to encourage walking, bicycling, and transit use?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Include facilities supporting active transportation (e.g. bike parking, benches, etc.)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Identify Complete Streets, living streets, shared streets, and traffic-calming measures in its future transportation system?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) Identify opportunities for working with a transit provider where transit can be supported with higher density land use?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) Include human-scaled street design including wayfinding for people walking and biking?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g) Provide adequate street lighting along all major streets, or non-motorized transportation facilities (e.g. paved trails)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h) Prioritize transportation needs of underserved populations (seniors, children, persons with disabilities, low-income residents, etc.)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i) Support the safety and comfort of walking and bicycling year-around?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Food Access Planning Guide
Minnesota Walks Guide

MINNESOTA WALKS

Minnesota Walks is a tool to create walkable communities that are safe, convenient and desirable for all.
Contact Info

Nadja Berneche
Healthy Comprehensive Planning Director
Terra Soma
nadja@terrasoma.com