September 14 2017
NYC DOHMH Harlem Neighborhood Health Action Center
(formerly known as the East and Central Harlem District Public Health Office)
Cinthia De La Rosa
Introduction

• The East Harlem Community Walking Trail is a 3.5 mile route that runs east and west along 106th and 115th streets, connecting residents to Central Park and Randall’s Island.

• The goals of the trail are to:
  • Connect residents to physical activity resources,
  • Highlight the art, rich history, and culture of the neighborhood
  • Improve safety through coordinated group walks.
Walking Trail
Walking Trail Steering Committee

BHC
BUILDING HEALTHY COMMUNITIES

NYC Parks

NEW YORK CITY DOT

NYC PLANNING

Cada Paso every step

Stand Against Violence
SAVE East Harlem

CB11M East Harlem
COMMUNITY BOARD ELEVEN OF MANHATTAN

The Partnership
FOR A HEALTHIER NEW YORK CITY

LSA family health service

Concrete Safaris
WORK OUT YOUR ADVENTURE

Randall's Island Park Alliance

NYRR®
NEW YORK ROAD RUNNERS

The Children's Aid Society

The New York Academy of Medicine

Walk Through

More pictures available at: https://goo.gl/photos/29gcKbi8KAVYYb1n7
What We Did

Conducted 217 street intercept surveys among East Harlem adults

How often do you walk in E. Harlem?

How would you rate the sidewalks?

Do you feel safe?

How often do you see art?
Perceptions of Walking in East Harlem

Nearly 90% of respondents thinks walking in East Harlem is **very pleasant** or **somewhat pleasant**:
Sidewalks

Only 11% of respondents thinks that the sidewalks are very well maintained:

- Very well maintained: 10.6%
- Somewhat well maintained: 52.5%
- Not very well maintained: 26.7%
- Not at all maintained: 10.1%

- Cracks: 67%
- Holes: 40%
- Raised sidewalks: 35%
- Protruding hardware: 7%
Sidewalks
Street Crossings (Crosswalks)

35% of street crossings had a trip hazard
Street Crossings (Crosswalks)

- 66 out of 77 street crossings were painted
- Only 2 of these crossings had “a lot” of faded paint:

![Bar chart showing the percentage of street crossings with different levels of faded paint.](chart.png)
Safety

Most respondents feel safe (very, somewhat) in East Harlem...

However, 40% avoid certain streets when walking

Crime  Lighting  Safety  Sidewalk maintenance/cleanliness
Walking Trail Comments

Most respondents were very likely (50%) or somewhat likely (40%) to use the walking trail.

- To feel connected to community
- To be outdoors
- For social activity
- To exercise
- To get to and from places
Model for Success

Normalize Conversations

Organize

Operationalize

Critique and Build
Suggestions

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