Needs & Benefits of facilitating a WALKING TRAIL in Quinton Twp.
Salem County, NJ
There’s nothing to do in Quinton. Between the decline in residents and lack of community areas, Quinton is boring.
Needs/Concerns of Quinton’s Residents

- No where to Walk,
- ride a bike,
- take a run, or even
- sit on a park bench and relax!

There aren’t any sidewalks for a walk or a jog
One of the many local roads in Quinton without a sidewalk.
Even residential roads do not have sidewalks or walking areas, leaving walkers with only the option of walking on roads with cars and trucks. Walking among traffic increases safety concerns which reduces the incentive to walk and be active.
This map displays New Jersey’s summary ranks for health factors, based on weighted scores for health behaviors, clinical care, social and economic factors, and the physical environment.

www.countyhealthrankings.org/new-jersey
Health Outcomes

- Length of Life (50%)
- Quality of Life (50%)

Health Factors

- Health Behaviors (30%)
  - Tobacco Use
  - Diet & Exercise
  - Alcohol & Drug Use
  - Sexual Activity

- Clinical Care (20%)
  - Access to Care
  - Quality of Care

- Social & Economic Factors (40%)
  - Education
  - Employment
  - Income
  - Family & Social Support
  - Community Safety

- Physical Environment (10%)
  - Air & Water Quality
  - Housing & Transit

Policies & Programs

1 www.countyhealthrankings.org/new-jersey
Measuring Health

Exercise

Walking, Bike Riding, Jogging

Quality of Air

No Smoking Area, Vegetation that gives off oxygen
Walking Improves self perception and self-esteem, mood, sleep quality, reduces stress anxiety and fatigue.

In older people it can improve cognitive function, memory attention & processing speed & reduces the risk of dementia.
Counties Rank for Health Factors

- Salem County 20 out of 21
  Rated according to Weight scores for health behaviors, clinical care, social and economic factors and the physical environment.

Adult Obesity
Salem Cty. 34%
NJ avg. – 26%

Physical Inactivity
Salem Cty. 27%
NJ avg. – 23%

Access to Exercise Opportunities
Salem Cty. 69%
vs. NJ avg. 95%

Walking is the easiest form of physical activity:
No matter age or fitness level. Walking is virtually free
The Decline of Quinton

• A Decline in Population according to the Census taken in 2010.
• 120 residents less than in the year 2000 equates to a loss of 12 residents per year.

Losing residents has a trickle down effect: less taxes, less customers for local businesses, less possible students and support for Our school system.
All though the sprawling country side of rural communities is a pleasure to drive through on a beautiful Spring/Fall day it is a concern for the individuals who makeup the township committee. Beauty does not necessitate rateables, which are the financial back bone of a township.

In todays economy it is necessary to be creative in ones thinking where tax dollars are a concern.
Businesses within a Community:

- Boosts the economy with employment.
  - Employees have potential to become residents, residents may have/bring family, families spend more at local shops, etc...

- Creates discretionary income
  - Food, Gasoline, Home Improvements

- Increases tax income for local govt.
  - repairs roads
  - Enhance/upgrade school system
  - Improves public services

Businesses can help fund and organize campaigns for lobbying, letter writing and other political activities to influence legislators on issues that affect the local community; e.g. funding for a Walking Trail/Recreation Complex.
Our hope for Quinton

To obtain additional funding for an Outside Community Recreation area which began with the start of Our Walking Trail.
In order to attract families and businesses to move into a community, the community needs to have something to offer. What better way than to create a space in which people can socialize with a relaxed atmosphere, and draw closer to nature at the same time!

In Life all of us strive for happiness. Happiness can be achieved when one connects ones body and soul with the beauty of nature!!!
Where to find such a space in Quinton Township:

A resident willed a 15 acre property that must be developed for recreational purpose!

What better purpose than a Park that has a Walking Trail.
Recreational areas are popular attractions for community growth. If we can build it, they will come.
Road frontage of proposed recreation complex.
August 26, 2003
Revised: September 27, 2016

MEMORANDUM

TO: Raymond Owens, Mayor
Quinton Township

FROM: Carl R. Gaskill, PE
Township Engineer

RE: Quinton Recreation - 2016 Cost Estimate
Our Project No. 22480.00

Dear Mayor,

Per your request, the following budget numbers are suggested for construction of the following improvements to the proposed Quinton Township Park:

- Clear site, strip topsoil, grade, topsoil 4” thick, hydrosed and Soil Erosion and Sediment Control .................................................. $204,500.00
- Stone Parking Lot .......................................................................... $46,000.00
- Gravel Walking/Jogging Path .......................................................... $59,000.00
- Handmowed Tot Lot ..................................................................... $31,000.00
- Little League Baseball Field ........................................................... $75,000.00
- T-Ball Field .................................................................................. $37,500.00
- Soccer Field ................................................................................ $12,500.00

Total Construction Cost: $516,500.00

Engineering Cost Related to Design & Contract Administration/Inspection: $77,500.00

Total Project Cost: $594,000.00

Above estimated based upon payment of Prevailing Wages (State/Federal) in compliance with the Davis Bacon Act.

Carl R. Gaskill, PE
NJ License #24598
What Quinton Twp. Needs...

A boat FULL of money!
THANK YOU,
Marjorie L. Sperry
Deputy Mayor
Quinton Twp. Salem Cty, NJ